

Caring, Creativity, Honesty, Perseverance, Respect, Responsibility

COMING EVENTS

WEDNESDAY 13 MAY

8:10AM BREAKFAST CLUB
EXTERNAL CANTEEN

THURSDAY 14 MAY

8:40AM - 9:35AM YEARS 4-6 SPORT
(FACTION T SHIRT THURSDAY) - LACROSSE
OLYMPIAN ERIN MITCHELL TO ADDRESS THE
CHILDREN

FRIDAY 15 MAY

8:40AM YEAR 3 LIME (ITEM) ASSEMBLY
NATIONAL WALK TO SCHOOL DAY

TUESDAY 19 MAY

NETBALL COMPETITION - FOR SELECTED
STUDENTS AT MATTHEWS NETBALL CENTRE

WEDNESDAY 20 MAY

8:10AM BREAKFAST CLUB
EXTERNAL CANTEEN
2:40PM STAFF MEETING

THURSDAY 21 MAY

8:40AM - 9:35AM YEARS 4-6 SPORT

FRIDAY 22 MAY

P&C DAY
SCHOOL CANTEEN

TUESDAY 26 MAY

NATIONAL SORRY DAY

NEWSLETTER



NAP OPT IN SCIENCE LITERACY, CIVICS AND CITIZENSHIP and ICT ASSESSMENT FOR YEAR 6

In May our Year 6 children will participate in the NAP Opt In Science Literacy, Civics and Citizenship and ICT Assessment organised by ACARA. While the testing does not provide individual student assessments, it will provide our school with an overview about how our Year 6 children are performing in science literacy, civics and citizenship and ICT. This is a voluntary program offered to schools across Australia.

NATIONAL WALK TO SCHOOL DAY - FRIDAY 15 MAY

National Walk to School Day will be celebrated on Friday 15 May at Lake Monger Primary School. In fact, if you ride or scoot to school on this day, this activity will be included in the National Walk to School official participation for this day. When you arrive at school in the morning, walk on down to the undercover area where Mr Douglass will be there to acknowledge your participation in this event with a piece of fruit and a sticker. Happy walking or riding or scooting!

PREMIERS' READING CHALLENGE – Reading Can Take You Anywhere

As you would be aware in 2026 we have Reading for Meaning as a priority area in our school. The Premier's reading challenge is now open for children from Kindergarten to Year 10. For further information and to join the program, please visit <https://www.premiersreadingchallenge.wa.edu.au/>. We hope to see as many children as possible join the program from K – Year 6. Reading is such a joyful activity for all ages.

KAARTDIJIN PROGRAM PHASE 2

Lake Monger Primary School has been selected to participate in Phase 2 of the Kaartdijin Program. The areas included in this phase are finance and enrolments. Launch day is Monday 10 August.

PACKED WITH GOODNESS - PARENT WOKSHOP

We are excited to invite parents and caregivers from Lake Monger Primary School to our upcoming Packed with Goodness Lunchbox Session. This informative and practical session will provide families with simple, realistic ideas for creating healthy and balanced lunchboxes that support children's learning, wellbeing and energy levels throughout the school day. The session will explore:

- Easy and affordable lunchbox ideas
- Healthy snack alternatives
- Tips for reducing packaged foods and added sugars
- Encouraging positive eating habits at home and school
- Ways to make lunchboxes fun, colourful and nutritious

Families will also have the opportunity to share ideas, ask questions and gain practical strategies to support healthy lifestyles for their children. The session will be taking place on **Thursday 28/05/2026** from **9am - 10am** in the **Kindergarten** classroom.

Nyungar Words For the Week



Wungening

Aboriginal Corporation

Here are a selection of Nyungar words translated into English. With the phonetic pronunciation. Only over the last 50 years have we been collating our words and writing them down, as the previous 60,000 years, they were passed down verbally.

Nyungar	English
Biyoo "Be You"	Awake 
Karang "Ca Rang"	Angry 
Kaal "Karl"	Fire 
Nganop "Nah Nop"	Stop 
Waalitj "Wah Litch"	Eagle 

Dental Van

Please contact the Mobile School Dental Therapy Van on 0408 926 794.



COMPUTER MONITORS AND LIBRARY MONITORS 2026

Congratulations to the following Year 5 students who were announced as computer and library monitors for 2026 at the assembly on Friday 1 May.

LIBRARY MONITOR

Sophia Buckley	Emily Koh
Subera Lamsal	Maira Patel
Aleighta Crosbie	Odhen Dolkar
Vibhuti Patel	Adhya Patel
Yuma Thapa	Chimed Namgyel

COMPUTER MONITOR

Edward Barton	Phuntsho Gurung
Tenzin Pelmo	Hannia Joss
Gwyneth Larsen	Grace Polito
Yoginee Lhabab	Karma Rigjong
Sonam Yoezer	Namgay Gyeltshen

STUDENT NEWS

Congratulations to Abigail Sibly Year 6 on her selection to represent Western Australia at the 2026 Little League Baseball Championships in Queensland in July. We wish Abigail all the very best.

ARRIVAL AT SCHOOL

Apart from children attending the Breakfast Club or involved in before school events under teacher instruction e.g. Band, Maths groups, children are not expected at school until 8:20 am.

P&C DAY FRIDAY 22 MAY

Our P&C do a fabulous job with supporting our school and we would like to thank our P&C members very much for all their work for our school. The recently held Mother's Day stall and Winter disco on Friday 19 June are examples of their great work. Also, our canteen and uniforms are operated through our P&C. If you are interested in joining the P&C, please come along to the next meeting, in early Term 3. (The date will be advised closer to the time).

P&C THANK YOU

At the last meeting of the P&C, the P&C have very kindly provided the school funding for 10 iPads, \$2,000 for library books and approximately \$10 000 for resources and equipment for the children as listed by teachers on the 'P&C Wish list.'

APPLICATIONS FOR ENROLMENT FOR KINDERGARTEN, PRE PRIMARY 2027 (Closing date Friday 24 July 2026)

Enrolments are now open for Kindergarten and Pre Primary in 2027.

Please find the application on our website <http://www.lakemongerps.wa.edu.au/enrolment.html> and submit along with your documents to lakemonger.ps@education.wa.edu.au. Many families missed out on a place for Kindy this year so if you know of someone requiring a place for 2026, please let them know. Closing date for applications is Friday 24 July 2026. Current Kindy families will need to fill out a new enrolment form for Pre-Primary 2027.



COMMUNITY NEWS

CRUNCH & SIP

National and state data tells us that the consumption of vegetables is far below recommended levels with 5 out of 6 WA kids (84%) aged 4-11 years failing to meet recommendations. Eeek! Aussie kids are also falling short with fruit consumption whilst at the same time eating an excess of energy-dense, nutrient poor foods. The high intake of sugary drinks is of particular concern, with an estimated 44% of 4-8 year olds and 49% of 9-13-year olds in Australia drinking sugar-sweetened beverages each day.

Poor dietary habits in childhood have been linked to negative health outcomes such as tooth decay and obesity. Children who carry excess weight are at higher risk of breathing difficulties, fractures, high blood pressure, early markers of cardiovascular disease, and psychological effects. These children are also more likely to continue to be overweight or obese in adulthood, increasing their risk of developing chronic diseases such as type 2 diabetes, cardiovascular disease, and some cancers.

The Crunch&Sip® program works in the health promoting schools framework that recognises the intersecting roles of the school environment (e.g. school policies, the school's physical environment, and staff support for nutrition promotion), curriculum (e.g. nutrition topics taught through the formal school curriculum), and partnerships (e.g. the broader community of individuals and organisations that impact on children's health such as parents, community members, and health promotion agencies) in encouraging children to adopt healthy behaviours.

Community Health Nurse.



Sunsmart Message

Australia has the highest incidence of melanoma in the world.

Waterwise Tip

50% of the world's major rivers are seriously polluted.







Packed with Goodness.

- Looking for some new ideas to make lunchbox packing easier?
- Need some quick and healthy snack ideas?
- Want to understand food labels a little better?

We are running a free, fun and engaging nutrition session for our parents. Come along and find out how to become a lunchbox packing pro!

When: 28/05/2026 9am - 10am

Where: Kindergarten Classroom

Supported by



Erin Mitchell will be connecting with students on 14/05/2026, as part of Olympics Unleashed.

The students will learn from Erin Mitchell's Olympic journey how to build resilience, the importance of setting goals and how to find what you are passionate about.

Students will hear firsthand from Erin Mitchell about how they overcame challenges to compete in their chosen sport at the very highest level, and how some lessons they've learned in sport can help students to be the best they can be – whether that's in school, at home, on the sporting field or with friends.

Free Online Workshops for Parents and Carers

Exciting Free Online Workshops for Parents and Carers! 📌

Each Term, the School Psychologist Consultants within PECES facilitate several **free online workshops for parents**. These sessions are in response to growing parent needs and delivered online for universal access – all parents are welcome. Please distribute the attached flyer within your communities and promote with parents.

Workshops this term include:

- Independent eating (toddlers)
- Developing screentime routines (toddlers)
- Developing good bedtime routines (toddlers)
- Positive parenting for children with a disability (school aged children)
- Power of Positive Parenting (children under 12 years)
- Raising confident capable children (children under 12 years)
- Making and keeping friends (pre-teens and teenagers)
- Fear-Less: supporting children with anxiety (6-14 years)

Who can attend? These sessions are designed for parents and carers; however, staff are welcome to register to learn more about our online workshops.

How to share: Please share the attached flyer with your school community, including leadership and administration teams, to ensure all families have the opportunity to participate. The flyer is available in both Word and PDF formats and includes registration instructions.

Important note: We are unable to provide tip sheets or certificates of attendance for parents attending our live online sessions. However, links to face-to-face Triple P sessions and self-paced Triple P Online programs are included in the flyer.

Thank you for your support in promoting these valuable workshops!

Triple P and Child and Parent Centre teams
Statewide Services
Department of Education WA

ARTWORKS FOR SALE BY
PROFESSIONAL ARTISTS
EMERGING ARTISTS
HOBBYISTS
STUDENTS

COMMUNITY ART EXHIBITION @ CHURCHLANDS

WITH
GUEST ARTIST
NARELLE HIGSON



SATURDAY & SUNDAY
23-24 MAY
10.00AM - 4.00PM

OPENING NIGHT
FRIDAY 22 MAY @ 5.30PM



CHURCHLANDS SENIOR HIGH SCHOOL
VISUAL ARTS BUILDING,
MEMORY PLACE, CHURCHLANDS